



CESA 2 Can Support Student & Staff Social and Emotional Learning Competencies!

Social and emotional learning (SEL) competencies are the skills that help us understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions. According to the Wisconsin Department of Public Instruction, "Strong SEL skills allow for successful management of life tasks such as learning, problem-solving, controlling impulsivity, and caring about oneself and others."

These skills can be supported by Social Work through:

- Classroom presentations & activities
- Individual or group counseling
- Family support & engagement
- Staff support & coaching
- Staff trainings
- Participation in IEPs or other goal-setting meetings



CESA 2's social work services focus on bully prevention, increasing empathy and compassion, understanding trauma and how to identify and regulate emotions and behavior, making responsible decisions, human growth and development, and other areas of SEL. Curricula may also be tailored to and/or created for individual district needs.

If your district would like to be supported in strengthening these skills among your students and staff, please contact Kristi Kimberlin at kristi.kimberlin@cesa2.org.

Kristi Kimberlin is a Social Worker for CESA 2. She joins CESA 2 from Indianapolis, IN where she has over 20 years of experience working with children, families, and schools. Her background includes work in private practice, school social work and counseling, and health education. Kristi holds an undergraduate degree in Elementary Education and a Master's in Social Work with special certifications in School Counseling and in working with the emotional and social health of young children. Providing life-skills programming to students in the classroom is a passion of hers, along with coaching and supporting those working with children.

